

RECOMMENDED READING CHILDREN AND ADOLESCENTS

- How to Raise Emotionally Healthy Children by Gerald Newmark, Ph.D.
- The Red Tree by Shaun Tan (a picture book to help explain depression to kids)
- The Curious Incident of the Dog in the Night-time by Mark Haddon (a novel that delves into the mind of a 15-year-old male teenager with autism)
- Son Rise: The Miracle Continues by Barry Neil Kaufman (Inspiring story of how a young boy's parents' dedication to his recovery from autism led to astounding results)
- 123 Magic by Thomas W. Phelan
- Yes, Your Teen is Crazy! by Michael J. Bradley Ed.D.
- The Fall Of Freddie The Leaf by Leo Buscaglia - for children grieving